



DICED AND DOUBLE DICED SWEETENED DRIED CRANBERRIES
 UPC 94540, 94673

NUTRITIONAL ANALYSIS (per 100 grams- unrounded)

August 2016

Calories	363
Calories from Fat	6.57
Total Carbohydrates	89.06 g
Sugars	79.11 g
Added Sugar	72.0 g
Dietary Fiber	7.55 g
Protein	0.41 g
Total Fat	0.73 g
Saturated Fat	0.13 g
Trans Fat	0.01 g
Cholesterol	0 mg
Moisture	10.00 g
Ash	0.12 g
Vitamin A	52.85 IU
Vitamin C	3.90 mg
Vitamin D	0 mcg
Calcium	6.54 mg
Iron	0.16 mg
Copper	0.04 mg
Magnesium	3.87 mg
Niacin	0.10 mg
Phosphorus	7.65 mg
Potassium	55.03 mg
Riboflavin	0.03 mg
Sodium	4.86 mg
Thiamin	0.02 mg
Zinc	0.12 mg